

Appendix G: Washington State Resources

Enhance your referral list for survivors of intimate partner violence, and reproductive and sexual coercion.

- ▶ Washington State Department of Health, Local Health Jurisdictions, to find services in your county, select your county and click on pregnancy and parenting under Community Health. www.doh.wa.gov/LHJMap/LHJMap.htm (include detailed info about calling for more info)
- ▶ Planned Parenthood Federation of America, www.plannedparenthood.org. You can find local health centers in Washington.
- ▶ Washington Association of Community Migrant Health Centers - find local clinics in Washington State www.wacmhc.org
- ▶ Doula information
 - PALS Doulas www.palsdoulas.org
 - Open Arms Perinatal Services www.openarmsps.org
- ▶ Domestic Violence programs in Washington State www.wscadv.org/getHelpNow.cfm
- ▶ Sexual Assault programs in Washington State www.wcsap.org/find-help
- ▶ Immigration resources – Northwest Immigrant Rights Project www.nwirp.org
- ▶ Family Planning and Reproductive Health Clinics <http://www.doh.wa.gov/YouandYourFamily/FamilyPlanning/Clinics.aspx>
- ▶ First Steps hrsa.dshs.wa.gov/firststeps
 - “First Steps is a program that helps low-income pregnant women get the health and social services they may need,” including Maternity Support Services, infant case management, a variety of medical and dental services, and expedited alcohol and drug treatment, among other services.
- ▶ Washington Association of Sheriffs and Police Chiefs. (2009). *Manual for Law Enforcement Agencies: Stalking and Sexual Assault within the Context of Domestic Violence* www.waspc.org//index.php?d=196

- ▶ WithinReach www.withinreachwa.org
 - WithinReach is a Washington state nonprofit that connects individuals and families to health and food resources. They run three statewide hotlines and two resource websites, www.ParentHelp123.org and www.WashingTeenHelp.org, which is specifically for pregnant and parenting teens. They also sponsor a statewide Breastfeeding Coalition that offers assistance for nursing mothers.
- ▶ General (not state-specific) information on sexual assault dynamics and legal issues for all disciplines: *Judges Tell – What I Wish I Had Known Before I Presided in an Adult Victim Sexual Assault Case* jec.unm.edu/manuals-resources/manuals/Judges%20Tell.pdf/view