

QUICK START GUIDE

Toolkit for Working with Pregnant and Parenting Survivors: Practice Guidelines for Professionals

*An Integrated Approach to Intimate Partner Violence
And Reproductive & Sexual Coercion*

WHY use this Toolkit?

Intimate partner violence, sexual assault, and stalking are common experiences for women and teens who are pregnant or have recently given birth. The goal of this Toolkit is to present an integrated, multidisciplinary approach to service delivery in order to meet the needs of pregnant and parenting survivors of these forms of victimization. Professionals who have used these practice guidelines say that these innovations help them to do their job more effectively.

WHO is this for?

- Health Care Providers, Clinical Staff, and Childbirth-Related Professionals
- Domestic Violence and Sexual Assault Advocates (Community-Based and Tribal)
- Law Enforcement
- Child Support Prosecutors and Support Staff
- Criminal Legal Prosecutors and System-Based Advocates
- Multidisciplinary Community Partnerships

WHAT is in this Toolkit? Information on:

- Intimate partner violence, reproductive & sexual coercion, and how these connect
- Creating trauma-informed services for pregnant and parenting survivors of abuse and coercion
- Understanding the reproductive health effects of victimization
- Innovative harm reduction strategies
- Effective ways to work with teens
- Great resources to help you do your work

HOW do you use this Toolkit?

- Read the Overview information to learn about this groundbreaking model.
- Look at the specific guidelines for your profession.
- Review the guidelines for other disciplines and talk to your community partners.
- Choose and customize the specific strategies that work for you and your organization.
- Seek buy-in from colleagues and administrators in your program.
- Seek support from the Washington Coalition of Sexual Assault Programs and the Washington State Coalition Against Domestic Violence as you use the Toolkit to make changes.

WHERE can you find the Toolkit?

- www.pregnantsurvivors.org